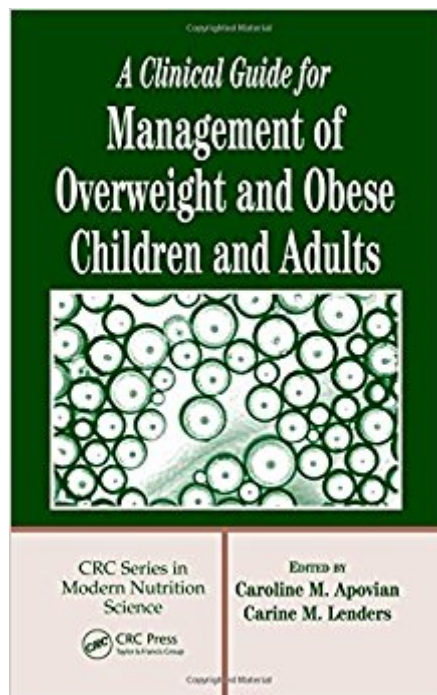


The book was found

A Clinical Guide For Management Of Overweight And Obese Children And Adults (Modern Nutrition Science)



Synopsis

While unhealthy diet and sedentary behaviors are second only to smoking as the leading preventable cause of death in the U.S., less than 45 percent of adult and pediatric obese patients received any prior advice from a physician to lose weight. The low rate of identification and treatment of obesity by physicians can often be attributed to lack of awareness, lack of counseling skills, and the high rate of recidivism in overweight patients. *A Clinical Guide for Management of Overweight and Obese Children and Adults* addresses deficiencies in the identification, treatment, and management of obesity through a collection of monographs written by internationally recognized authorities. Designed for healthcare practitioners, this reference provides practical distinctions and recommendations for adult and pediatric obesity in a single volume. This clinical guide outlines the management of the obese patient from the preparation of office accommodations through the long road of maintained wellness. The editors offer evaluation and assessment strategies for the simply overweight patient to severe complex obesity with multiple comorbidities. It considers treatment modalities from lifestyle change to bariatric surgery, including exercise, diet, and pharmacotherapeutic remedies. The book highlights weight management through behavioral health considerations, the community support system, and other adjunctive therapies, as part of a comprehensive weight loss program. Taking in to consideration the holistic methods incorporated in the new discipline of obesity medicine, *A Clinical Guide for Management of Overweight and Obese Children and Adults* reviews the state-of-the-art management of this burgeoning “disease” epidemic.

Book Information

Series: Modern Nutrition Science

Hardcover: 328 pages

Publisher: CRC Press; 1 edition (December 15, 2006)

Language: English

ISBN-10: 0849330858

ISBN-13: 978-0849330858

Product Dimensions: 1 x 6.5 x 9.5 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #6,021,919 in Books (See Top 100 in Books) #82 in Books > Health, Fitness & Dieting > Children's Health > Eating Disorders #1485 in Books > Textbooks >

Medicine & Health Sciences > Medicine > Clinical > Endocrinology #1927 in [Books](#) >
Textbooks > Medicine & Health Sciences > Medicine > Clinical > Nutrition

[Download to continue reading...](#)

A Clinical Guide for Management of Overweight and Obese Children and Adults (Modern Nutrition Science) Fitness Nutrition: The Ultimate Fitness Guide: Health, Fitness, Nutrition and Muscle Building - Lose Weight and Build Lean Muscle (Carbs, Protein, Muscle ... Workout Nutrition, Nutrition For Athletes) Care of the Obese in Advanced Practice Nursing: Communication, Assessment, and Treatment Clinical Companion to Medical-Surgical Nursing: Assessment and Management of Clinical Problems, 9e (Lewis, Clinical Companion to Medical-Surgical Nursing: Assessment and Management of C) Clinical Companion to Medical-Surgical Nursing: Assessment and Management of Clinical Problems, 8e (Lewis, Clinical Companion to Medical-Surgical Nursing: Assessment and Management of C) The Thyroid Connection: Why You Feel Tired, Brain-Fogged, and Overweight -- and How to Get Your Life Back Overweight, undertrained and terrified: A Camino Diary Running: A Love Story: How an overweight radio DJ got hooked on running marathons Over 50, Overweight & Out Of Breath: A Year Of Going From Super Fat To Super Fit Til The Fat Girl Sings: From an Overweight Nobody to a Broadway Somebody-A Memoir Don't Call Me Fat!: A First Look at Being Overweight (A First Look at...Series) Study Guide for Medical-Surgical Nursing: Assessment and Management of Clinical Problems, 9e (Study Guide for Medical-Surgical Nursing: Assessment & Management of Clinical Problem) Cock Coloring Book For Adults: Penis Coloring Book For Adults Containing 40 Stress Relieving Funny Dick Coloring Pages In a Paisley, Henna, Mandala ... (Dick Coloring Books For Adults) (Volume 1) Jokes: 3 Books in 1: Best Jokes for Adults, Best Funny Stories for Adults, Best Funny Jokes for Adults Dysphagia: Clinical Management in Adults and Children, 2e Dysphagia: Clinical Management in Adults and Children, 1e Nutrition and Weight Management (Healthy Eating: A Guide to Nutrition) Handbook of Clinical Nutrition and Aging (Nutrition and Health) Integrating Therapeutic and Complementary Nutrition (Modern Nutrition) Toddler Diet: Nutrition and Balanced Diet for Toddles(toddler cookbook, toddler nutrition, toddler meals, baby food cookbook, baby diet, recipes for children,toddler recipes,baby food recipes)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)